

Bow Medical Practice

TRAVEL HEALTH FORM



**PLEASE RETURN THIS FORM AT LEAST 8 WEEKS PRIOR TO TRAVEL
MULTI TRIP FROMS ARE REQUIRED 12 WEEKS IN ADVANCE OF TRAVEL**

Name:		
Address:		
Tel No: Home	Work	Mobile

Destination <u>Country including all areas to be visited and all stopovers en-route</u>	Type of Accommodation (i.e. backpacking, camping, hostel, 3* hotel, 5* hotel, inclusive on complex only)	Duration Please give exact duration for each place of stay
	 Wks Days
	 Wks Days
	 Wks Days

Where are meals to be taken (please tick all that may apply)	Planned Activities (water activities, visiting remote areas, contact with animals i.e. safari etc)
Hotel <input type="checkbox"/>	
Local Restaurants/Self Catering <input type="checkbox"/>	
Street Vendor <input type="checkbox"/>	
Are you likely to have sexual intercourse with natives	Yes <input type="checkbox"/> No <input type="checkbox"/> Possibly <input type="checkbox"/>

Signature :	Date of Departure :
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Admin use only	Date collected:	Date returned:
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Thank you for informing us of your travel plans.

We ask that all travellers provide the Practice with a minimum of eight weeks' notice, however for those with a multi-stop itinerary please note that a minimum of 12 weeks' notice is required.

Upon collection of this form, please make an appointment with the Practice Nurse. For single travellers please allow 20 minutes, for a family of four please allow 30 minutes. The appointment needs to be a minimum of six weeks before you travel.

Please return this form to the Practice at least one week before your scheduled appointment to enable the Practice Nurse time to research the country that you are visiting and to plan your vaccination programme.

Some vaccines are free on the NHS, however not all. The Practice Nurse will advise you if you require medications that are not available on the NHS. We are able to provide these for you, with the exception of yellow fever, privately. You will be advised of the cost and we respectfully ask that the vaccines or tablets are paid for in advance, as these will be sourced especially for you.

We hope that you have a fabulous trip!

Please note: If you are taking a last minute break and are travelling less than six weeks from now, we are unable to provide you with a travel health service. In this instance the nearest independent (non-NHS) travel health service is in Exeter.

Travel Health Consultancy
22 Southernhay West
Exeter
EX1 1PR
Tel: 01392 430590
office@travelhealthconsultancy.co.uk

Please note that the above details are provided for your convenience, the Practice does not endorse this service nor is it linked to the Travel Health Consultancy.

Admin use only	Date collected:	Date returned:
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